Object/Rationale: The 7th grade year is a time of many changes and decisions. Health is designed to help students learn about their changing bodies, teach them to sort out emotions and personal values, aid them in maintaining optimum health as a lifelong process, and to show students how to take responsibility for making healthy decisions.

1. Mental Health: dealing with stress, depression, suicide; having empathy for others; violence prevention; positive self-esteem; handling peer pressures; making decisions; the importance of sleep; anger management; communication skills; conflict resolution skills, uncompromising values; dealing with bullies, understanding media literacy and more...

2. Smoking / Alcohol / Drugs: understanding the dangers of substance use and help them knowing how to be above the influence to use.

3. Nutrition: balanced eating; understanding nutrients; reading food labels; the importance of exercise; the dangers of many diets and eating disorders

4. Growth Development: understanding reproductive anatomy and related issues; preventing Sexually transmitted infections (diseases) and pregnancy; the benefits of abstinence; recognizing healthy and unhealthy relationships; birth control, handling sexual abuse and assault, being safe, including internet safety. NOTE: This Unit will be taught in the Spring semester.

Communication: How will we communicate?

1. I will use Schoology messaging. Your child will show you how to send a message.

2. Call the school to schedule a conference by contacting the school counselor at (818) 920-2130 if you have a language barrier.

3. I will be using the Connect Ed system provided by the school district. Connect Ed will call the phone number you have provided the school on your emergency information. Therefore, it is your responsibility to update the correct phone numbers on your emergency info you provided the school (you can do this by calling the attendance office).

DAILY CLASS REQUIREMENTS:

Supplies Needed Daily

- College Rule Composition Book (provided by school)
• 2 sharpened pencils • colored pencils
• reel of tape • glue stick(s) • scissors
• School Homework Planner • pencil sharpener

* Supply pouch (have a container for supplies)

Home Environment: *What students learn in class should be practiced outside of class!*

**Class Rules and Expectations:**
Students must follow 3 basic rules -
1. Do nothing that stops learning
2. Do nothing that stops teaching
3. Respect everyone always, no matter what!

**WEEKLY ASSIGNMENTS**
Each week students will need to complete the following:

● Read the weekly lesson/agenda folder. Folders are labeled by **DAY, DATE,** and assignments are labeled by **NUMBER and have a due date** (**Academic grade**)

● Attendance is VERY important. Participating in class and following class norms. (**Cooperation**)

● Complete the lesson assignments in each folder by the due date. (**Work Habits grade**)

**Student Journal:**

*Students need to “do” to learn*, therefore students are expected to maintain a journal using the composition notebook that has been provided by the teacher in the first week of school. Since all assignments will be maintained in the composition journal, it is VERY important that students DO NOT lose their journal and always bring it to class. **Journal check grades will require parents to verify their student has an up-to-date journal.**

**GRADES:**
There are 18 weeks in the Fall semester and your child will receive four 5-week reports. Please use Schoology for grades. Your child should know their grade! *They know if they turned in their work properly – example: missing work ” mi” or “blank” (no score).*
Academic Grade (A, B, C, D, Fail) is based on total points: 100 – 90% = A, 89 – 80% = B, 79 – 70% = C, 69 – 60% = D, 59% and below = Fail (Note: reporting period grades will not be averaged)

Grading Rubric System for Academic Grade:

- ✓++ = 100% = A
- ✓+ = 90% = A
- ✓70% = C-
- ✓mi = 40% (missing assignment)
- ✓60% = D-

Cooperation and Work Habits Grade (E = excellent, S = satisfactory, U= unsatisfactory)

A positive mindset is an important way to be successful! Follow Class norms (rules and expectations).

Cooperation grade is based on absences, tardiness 
Work Habits grade is based on participating in class, effort, and work completion

Point Scale for Cooperation Grade (ATTENDANCE):

10 = On time, has supplies, this includes completing assignments in class when required.

9 = On time, may need accommodation for supplies

7 = Might be late, needs prompting to do work - little or no evidence of participation

5 = Did Not attend the class

E = 90-100% S = 70-80% U = Less than 70% (these grades are subjective and are reviewed on an individual basis)

Work Habits Grade (E = excellent, S = satisfactory, U= unsatisfactory) These skills include class participation in listening & speaking, consistently completing work on time, with your best effort. E means 0 missing required assignments, S means 2 or less missing required assignments U means more than 2 missing required assignments. These grades will be per grading period. Each 5 week reporting period will reset both work habits and cooperation grade.
Thank you for your cooperation & participation in your child’s education!

Please click the link below and complete the form to show evidence that you read and understand the Health Science class syllabus and certify that you how to contact me if you have any questions.

[Image]

https://forms.gle/n1zgTLmkiChrBRXQA